



# CURRICULUM OVERVIEW

## RECEPTION PHYSICAL EDUCATION CURRICULUM COVERAGE

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception (Sports Coach)	Introduction to PE	Gymnastics	Ball Skills	Ball Skills	Team and Invasion Games	Athletics
Skills/Sports Taught in Topic	Throwing, Kicking, Catching, Balance, Sharing	Balance, Rolls, Jumps, Shapes, Strategy	Basketball Rugby Football	Tennis Cricket Hockey	Points Based Games Teamwork Invasion	Jumping Throwing Running Balancing
Reception (Teacher)	-	Yoga	Dance Unit 1	Dance - Mr Rae	Swimming Beginners	Swimming Beginners
Skills/Sports Taught in Topic	-	Balance Flexibility Strength Strategy	Actions Dynamics Space Performance	Dynamics Strategy Performance	Water Safety Breathing Strokes Rules	Water Safety Breathing Strokes Rules





# CURRICULUM OVERVIEW

## YEAR 1 PHYSICAL EDUCATION CURRICULUM COVERAGE

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 1 (Sports Coach)	Ball Skills	Gymnastics	Striking & Fielding	Invasion Games	Target Games	Athletics
Skills/Sports Taught in Topic	Rugby, Basketball, Football	Shapes, Balances, Rolls, Jumps	Tennis, Cricket, Rounders	Points Based Games Teamwork Invasion Attacking/Defending	Aiming Points Throwing Kicking	Throwing Jumping Running Agility Teamwork
Year 1 (Teacher)	Dance	Dance	Yoga	Dance - Mr Rae	Swimming Beginners	Swimming Beginners
Skills/Sports Taught in Topic	Actions Dynamics Space	Actions Dynamics Space Relationships	Balance Flexibility Strength Strategy	Actions Dynamics Strategy Performance	Water Safety Breathing Strokes Rules	Water Safety Breathing Strokes Rules





# CURRICULUM OVERVIEW

## YEAR 2 PHYSICAL EDUCATION CURRICULUM COVERAGE

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 2 (Sports Coach)	Ball Skills, Team Building. Sending and Receiving	Ball Skills, Team Building. Sending and Receiving	Gymnastics	Invasion Games	Target Games	Athletics
Skills/Sports Taught in Topic	Rugby, Hockey, Basketball	Tennis, Football, Cricket	Sequence Building Balancing Jumping Shapes	Attacking Defending Invasion Team Play	Sending Receiving Aiming Points Based Game	Throwing Jumping Running Agility Teamwork
Year 2 (Teacher)	Dance	Dance	Yoga	Dance - Mr Rae Gymnastics	Swimming	Swimming
Skills/Sports Taught in Topic	Actions Dynamics Space	Actions Dynamics Space Relationships	Balance Flexibility Strength Strategy	Actions Relationships Performance Strategy	Strokes Breathing Water Safety Rules	Strokes Breathing Water Safety Rules

